

## 5 The Strong Woman

**F**aster than Usain Bolt, the Strong Woman is always there to answer the call! She'll walk through the frigid cold, the flames of Hell, and high water to save the day!

Need someone to wipe your tears after your goldfish died? Call the Strong Woman. Need someone to carry your boxes from the moving truck? Call the Strong Woman. Need someone to file your taxes? You got it, **CALL THE STRONG WOMAN!** She's built to handle *any* situation so, she'll *never* need your help... She's got it all under control!

With the Cape of Dependability on her shoulders and a mask to shield her face, she plays the role of “leaning post” and she is the “wind beneath the wings” of those who call her *Mom, Wife, Companion, Daughter, Friend, Colleague, and Stranger*. But that's just it...she's playing a role.

Don't get me wrong, the Strong Woman has a heart of gold, but she's following the script that has been given to her by the people in her life. Without hesitation, her circle

unanimously chooses her for this character because they know she will deliver...Every. Single. Time.

As the Strong Woman, you are committed to your work, dedicated to your family, and loyal to your friends. You're often thought of as "The Strong One" or the "Mama" of the group. The word "*no*" is obsolete in your vocabulary. You'll give away your hard-earned money or the shirt from your back without batting an eye.

Just like Andrea, you go above and beyond to make sure that you are there for EVERYONE, expect yourself. Being the strong woman that you are, you have a way of making your juggling act appear effortless. You show up dressed in a heroic smile, a positive attitude, and glorious Cape of Strength flowing behind you.

The reality is, your cape is so dang heavy you can barely walk, let alone fly! Somehow, you push pass the weight of the load and your own needs to provide what others expect from you. The certainty of knowing that your good deeds will come back to you when you need it most helps keep you going. The harsh reality is, the story almost *never* goes that way for the Strong Woman.